

# WOMEN'S CHECKLIST

## for Health Screenings by Age

### 20's – 30's

Alcohol and tobacco use  
Blood pressure  
Cholesterol  
Gardasil vaccine (HPV)  
Hemoglobin  
Pap smear  
Skin cancer  
Vision

### 40's

Blood pressure  
Bone density  
Breast exam  
Cholesterol  
Glucose  
Mammogram  
Pap smear  
Skin cancer  
Vision

### 50's

Blood pressure  
Bone density/Osteoporosis  
Colonoscopy  
Glucose  
Lung cancer  
Mammogram  
Menopausal symptoms  
Skin cancer  
Pap smear  
Vision

### 60's – 70's

Blood pressure  
Bone density/Osteoporosis  
Cholesterol  
Colonoscopy  
Glucose  
Mammogram  
Skin cancer  
Vision

**ROPER**  **ST. FRANCIS**  
HEALTHCARE

For a free doctor referral, call  
(843) 402-CARE (2273).

